



Bart D. Williams III, M.D., D.M.D., FACS

www.carolinaofs.com

PREOPERATIVE INSTRUCTIONS

1. If you are under the age of 18, a parent or legal guardian must escort you on the day of surgery. The parent / legal guardian will need to sign the surgery consent forms.
2. All female patients should advise Dr. Williams and the clinical team if there is any chance of pregnancy prior to surgery. Surgery, anesthetics, or any other medication may significantly harm your developing baby, especially during the first trimester, if you are pregnant or planning to become pregnant.
3. If using oral contraceptives, it is important to understand that antibiotics may interfere with the effectiveness of oral contraceptives. Therefore, an additional form of birth control, for one complete cycle, is recommended after a course of antibiotics. Please consult your physician for further guidance.
4. Please stop taking aspirin or any supplements, such as fish oil and vitamin E that promote bleeding at least 3 days prior to your surgery. Please discuss other blood thinners with Dr. Williams or the clinical team.
5. No smoking at least 48 hours prior to surgery.
6. If you have an illness such as a cold, cold sores, sore throat, stomach, or bowel upset, please notify the office.

FOR PATIENTS RECEIVING IV SEDATION ADDITIONAL INSTRUCTIONS APPLY

7. **Patients may NOT have anything to eat or drink after midnight on the night before surgery.**
8. Any medications that are normally taken should be taken with a sip of water, unless otherwise instructed by Dr. Williams.
9. **If patient is under 18, a parent / legal guardian, if over 18 a responsible adult must accompany the patient the day of surgery, remain in the waiting room for the entire time of the surgical procedure, and drive the patient home.** This person must be able to drive since the patient will be unable to drive for at least 24 hours after sedation. The adult responsible must be present for surgery to begin, and the vehicle must remain on the premises.
10. Comfortable clothes, with loose or short sleeves, should be worn to help with the start of the IV line to administer sedation. In addition, this will help with the placement of monitoring equipment. Flat comfortable shoes should also be worn. For safety reasons, please do not wear flip flops.
11. Patients should not wear contacts on the day of surgery.
12. Do not wear excessive makeup, lipstick, jewelry, or nail polish on the day of the planned surgical procedure. (dark nail polish or artificial nails may have to be removed to monitor your condition during surgery)

